

SLIMMING

The Easy Way

FOR MEN AND
WOMEN

ALLEN ANDREWS



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SLIMMING FOR
MEN AND WOMEN

by

Allen Andrews



NEWNES: LONDON

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SLIMMING

THE EASY WAY FOR MEN AND WOMEN.....

Whatever the reasons you may feel you need to slim they all come down to the fact that you believe you will be a better person if you can loose your extra weight. Let this friendly, informative book show you how . . . and your youth, your personality, your health, your appeal to the other sex will all blossom if you do.

