

The **7** Habits of
Highly Effective
Families

Foreword
by Sandra Merrill
Covey



From the International Bestselling Author

STEPHEN R. COVEY

-awaited new book that offers precious lessons in creating
sustaining a strong family culture in a turbulent world.

With the same profound insight, simplicity, and practical
wisdom that propelled *The 7 Habits of Highly Effective People* to
worldwide acclaim, Stephen R. Covey now focuses on the
primary concern of society today - the family.

No family is free from challenges from its own members or
from the outside world. In his latest book Covey shows how the
7 Habits create a powerful framework of timeless, universal,
and self-evident principles that enable family members to
communicate effectively, set goals and find creative, meaningful
ways for solving problems and improving their relationships.

True happiness does not come from possessions or fame;
it comes from the quality of your relationships with the people you
love and respect. *The 7 Habits of Highly Effective Families* will help
you find answers to such common family difficulties as:

How can you have quality time for the family when both parents
(or the only parent) are working simply to keep food on the table?

How can you build harmony in the family when everyone is
criticising and putting one another down?

How can you influence a family member who
just won't listen to you at all?

How can you strengthen your family to withstand destructive
influences in society?

How can you discipline without punishing?

How can you rebuild a broken relationship when
the feeling is no longer there?

How do you create and maintain order and a spirit of co-operation
in the family yet give family members the freedom and autonomy
they need to grow and find fulfillment?

How do you create a spirit of fun, adventure,
and excitement in the family?

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