

DR. WAYNE W. DYER

Author of the
international
best-seller
**YOUR
ERRONEOUS
ZONES**

**PULLING
YOUR OWN
STRINGS**

How to stop being a victim
-enjoy your life your own way,
without being manipulated

WHO IS RUNNING YOUR LIFE?

Are other people always taking advantage of you?

Do you feel tyrannized by your boss, your family or your friends?

Do you ever say 'yes' when you really mean 'no'?

It isn't easy to stand up for yourself, to stop being victimised by other people . . . or even yourself. *PULLING YOUR OWN STRINGS* shows you how to get rid of the pressures that surround you. If you have an ounce of rebellion left, you can learn to take control of your life and stop others doing the thinking for you. Accept Dr Dyer's challenge and you can lead a satisfying and rewarding life — the way you want.

Stop being a victim . . . and start to run your own life.

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