

How to Live a Joyous, Disciplined and Abundant Life

A GUIDE TO
SELF-CONTROL

NORMAN
VINCENT

PEALE

SIN, SEX AND
SELF-CONTROL

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This challenging new guide to living by the author of *The Power of Positive Thinking* provides answers to the blunt questions of today's anxious generation that will change your life. "This is the timeliest, most exciting, and indeed the imperative book of our morally confused decade." —*The Christian Herald*

THIS BOOK WILL TEACH YOU

- *the one-minute investment that can pay the biggest dividend in the world.*
- *how to make a no-nonsense moral inventory of your own life*
- *six secrets that build the willpower on which success depends today*
- *the five "wizard words" that can change your life*

"Now, take a giant step forward into a new maturity—to the simple, powerful secrets of confident living today!"

—*Norman Vincent Peale*



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