

# SIGMUND FREUD

BY GREGORY ZILBOORG



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# Sigmund Freud

HIS EXPLORATION OF THE MIND OF MAN

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Few men have had as profound and revolutionary an effect on the thinking of our times as has Sigmund Freud. Yet controversy still rages around his work. He is more discussed, damned, and defended than he is understood. Dr. Gregory Zilboorg's authoritative presentation of the meaning of Freud answers a widely felt need for a concise synthesis of Freud's theories.

A leading American psychiatrist, author of the definitive *A History of Medical Psychology*, and former editor of the *Psychoanalytic Quarterly*, Dr. Zilboorg translates his professional knowledge of the subject into easily understood terms. He gives a clear explanation of such central subjects as the dynamic role of the subconscious, the theory of sex, and the theory of instincts. At the same time, he corrects many common misunderstandings of Freud's concepts, presenting them in their historical perspective.

"This . . . is a successful condensation of what Freud and psychoanalysis are all about, and of the place of Freud in the history of modern psychology and psychiatry. Dr. Zilboorg calls upon the rich store of his historical and philosophical knowledge and gives us an excellent picture of psychoanalysis in its true perspective. Zilboorg . . . makes a fresh and illuminating approach to such problems as ethics, morality, and religion in the light of the new facets which psychoanalysis has uncovered about the functions of the human mind. It is a useful and enlightening book—direct, crisp, and incisive. It also brings out a few heretofore not widely known facts, such as Francis Galton's actual discovery of free associations; also some very pertinent data on the so-called sexual terminology of Freud in the light of the early Christian patristic literature. Zilboorg's contribution . . . is valuable and inspiring, for it is written with both knowledge and faith."

—Dr. Leo H. Bartemeck, *N. Y. Herald Tribune*

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