

The Journey of a Master
SWAMI CHINMAYANANDA

The Man, the Path, the Teaching



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The Journey of a Master
Swami Chinmayananda
The Man, The Path, The Teaching

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Contents

The Inspiration	ix
I. THE PREPARATION	1-94
1. Political Fugitive	3
2. The Journalist	13
3. Spiritual Practice Begins	23
4. The Sage, Swami Shivananda	30
5. Meeting the Sage	35
6. Pilgrimage in the Himalayas	46
7. Renunciation Rites	54
8. My Teacher: Swami Tapovan	61
9. The Teaching	69
10. Tuning the Instrument	84
II. THE FOUNDATION	95-151
11. A Loving Start	97
12. A South Indian Yogi	109
13. Religious Training	116
14. School Days	127
15. The College Years	136
16. Lucknow University	144
III. THE MISSION	153-258
17. The Yagna Plan	155
18. The First Yagna	161
19. The Preceptor—Adi Shankaracharya	172
20. Madras Yagna	177
21. Development of the Yagna Plan	188
22. The Chinnaya Mission	203
23. Sandeepany Sadhanalaya	215
24. Around the World	229
25. The Later Years	240

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For over forty years Swami Chinmayananda has been one of the leading interpreters and teachers of the Hindu system of Advaita Vedanta, proclaiming the identity of the self (jivan) with the infinite (Brahman). Through a variety of initiatives and methods, particularly the creative and original *mantra yajnas*, he is dedicated to rejuvenating Hinduism by making available hitherto inaccessible insights of the Upanishads and to ensuring that the wisdom of the Hindu Heritage is available for all people. This, the first biography of Swami Chinmayananda, retraces his journey from his boyhood in Kerala, his carefree college days and rebellion against British imperialism, his tutelage under Swami Shivananda and Swami Tapovan and the growth of a worldwide movement under his guidance. He is undoubtedly one of the outstanding and influential figures in the modern history of Hinduism and this account of his life should, therefore, be welcome.

